



Creamed Spinach 846
12/06/2018

Nutrition Facts

Serving Size 1/2 cup (135g)
Servings Per Container 44

Amount Per Serving

Calories 90 **Calories from Fat 25**

% Daily Value*

Total Fat 3g **5%**

 Saturated Fat 2g **9%**

 Trans Fat 0g

Cholesterol 10mg **4%**

Sodium 230mg **10%**

Total Carbohydrate 9g **3%**

 Dietary Fiber 3g **12%**

 Sugars 2g

Protein 7g

Vitamin A 220% • Vitamin C 40%

Calcium 25% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SPINACH, 1% LOWFAT MILK (Lowfat Milk [1% milkfat], Vitamin A Palmitate, Vitamin D3), AMERICAN CHEESE LOAF (American Cheese [milk, cheese culture, salt, enzymes, annatto vegetable color, if colored], Water, Cream, Sodium Phosphate, Color Added, Salt, Sorbic Acid as a Preservative), ONIONS, MODIFIED FOOD STARCH (corn), NUTRITIONAL YEAST (Inactive Nutritional Yeast [dried yeast, niacin (vitamin B3), pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), thiamin hydrochloride (vitamin B1), folic acid, vitamin B12])

ALLERGEN: Contains Milk.
Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

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